**To get the size of each database in MSSQL, have the below query executed:**

sp\_helpdb;

**To get the size of each tables of the DB in MSSQL, have the below query executed:**

USE [YourDBName] -- replace your dbname

GO

**SELECT**

s.**Name** **AS** SchemaName,

t.**Name** **AS** TableName,

p.**rows** **AS** RowCounts,

CAST(ROUND((SUM(a.used\_pages) / 128.00), 2) **AS** **NUMERIC**(36, 2)) **AS** Used\_MB,

CAST(ROUND((SUM(a.total\_pages) - SUM(a.used\_pages)) / 128.00, 2) **AS** **NUMERIC**(36, 2)) **AS** Unused\_MB,

CAST(ROUND((SUM(a.total\_pages) / 128.00), 2) **AS** **NUMERIC**(36, 2)) **AS** Total\_MB

**FROM** sys.tables t

**INNER** JOIN sys.indexes i **ON** t.OBJECT\_ID = i.object\_id

**INNER** JOIN sys.partitions p **ON** i.object\_id = p.OBJECT\_ID AND i.index\_id = p.index\_id

**INNER** JOIN sys.allocation\_units a **ON** p.partition\_id = a.container\_id

**INNER** JOIN sys.schemas s **ON** t.schema\_id = s.schema\_id

**GROUP** **BY** t.**Name**, s.**Name**, p.**Rows**

**ORDER** **BY** s.**Name**, t.**Name**

GO